Holy Gems

ANAND JOTHI

Like the child, that presents her mother a bouquet of
Flowers—
Flowers plucked verily from Her garden.
We dedicate these Holy Gems—
the gems that came alive with Her presence.
to the Holy Mother—
the Universal Mother—
that they may bedeck Her CROWN,
beckon the lost and wayward soul to ETERNAL BLISS.

o There is a supreme, all-encompassing force, divine and benevolent, called by different names by different religions.

o All religions lead to the same goal and every one of them deserves equal respect.

o Every soul is originally and ultimately divine in nature, whatever attire it may wear in between.

o There are methods by which every human being is capable of speeding up the process of realizing the Universal Truth and every soul making a sincere attempt in this direction will receive Divine protection and help.

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WORDS, as well as the thoughts embedded in them, belong to the realm of "Akasa"— the space. Words of wisdom, whether they at once convert a confronting mind or not, purify akasa — the akasa that envelops the entire cosmos, the akasa in you, in me and in everybody.

Words of wisdom emanate not from minds but from the vital force, the prana. that constitutes every Jeeva. Once they manifest they are imperishable. The term "Akshara" in Sanskrit implies this. Words of wisdom are everlasting impressions, spread throughout the akasa. They nullify the evil forces that corrupt the akasa. They preserve the cosmic balance.

What follow are not mere sayings. They are sparkling gems of a spiritual origin. They have descended to us so that we may ascend. They were brought down by the grace of Guru. They reveal the TRUTH so that our souls may revel in them. With every utterance, they multiply and fill the akasa with resplendence. Every time they vibrate in the chitakasa, the echoes throng and spread throughout the cosmic space. Here they are presented, so that they may be represented on earth by deserving souls.

"Open up the sky in you
The Holy Gems to shine
They flap their wings and knock the door
Let them in, the light divine."

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Being truthful is being faithful. Faith is not believing in one's capabilities, recognizing potentials or accepting superiority. It is abiding in and by the Truth which can be found only in you and which can be shown only by Guru. If God were to descend, He too should work for salvation.

Even for Him, the first and final step is to seek His Guru. Implicit obedience is not slavery. It is instant understanding of the master's lofty, subtle notions. Those who cannot comprehend instantly can obey first and learn later. It is a sacrilege to, even think that the Guru will enslave anyone. He has only come to free others, as he alone is FREEDOM.

It is His grace that he gives and it is His grace that He does not give. Remember that he never takes.

No Master can hide anything from a persevering aspirant. The Master does not hide; He keeps in abeyance the treasure he is too willing to part with. However, what is not sought should not be given.

As the light is not apart from the lamp, the message is not different from the Master.

For the irreverent, argument is show of strength. The seekers converse to prune the data and sharpen their reflexes. The wise speak out only to clarify doubts and embellish what is known. As regards the Master, He is Himself the Message. He sits as he breathes. His presence itself is an assurance of deliverance from ignorance and whatever he utters is final.

It is out of compassion that the Master has come, into being in flesh and blood. He is not confined. Even inside a pot, the sky remains unlimited. Do not add up to your ignorance by underestimating Him just because He is just like you. He is just like you so that you can approach Him and become Him.

People angrily advocate simplicity. Yet, they are carried away by pomp and splendor. Even a good aspirant is fooled by the physicality of the Master. Be sure that if He shows up His true form no one can approach Him at all. Moreover, if he shrinks to your proportions you do not recognize him at all! He has come here not to display His medals or sing about His credentials. He has come to save those who are on the brink of disaster and yet remain stubbornly ignorant of it. He is nothing but a gentle breeze, coaxing the weary hearts into believing that they are after all buds about to flower but strangely apprehensive of the bloom.

The Master might seem to be illogical. He may even seem to be unreasonable. So what? Are you embarrassed that you are alive because of His Love alone and yet want to be

convinced by logic and reason? In fact, reason belongs to a higher plane. You mix up the pranks of intelligence with the soundness of reason. Intelligence is quaky and irksome.

Reason is rhythmic and melodious. Know that the Master is not only logical but also reasonable - ALWAYS. Those who have come to prove their worth should not seek proof of the One who gave them that worth. The proof of the salt lies in the taste and no eye can see it.

Reverence is remembering at the same time the Master's stature and your inadequacies and behaving accordingly. The Master never compels. He speaks once. Then, he elaborates a little. He informs mildly and warns subtly. That is all. The impact is purely a matter of reflex and willingness. Willingness and reflex are linked only in an alert mind. In short, an open mind is as alert as it is relaxed.

Therefore, when it is said "It is up to you to take it", it means the word, the meaning and the impact as a whole.

The Master does not explain much because the more he professes the more you will be confused. The profoundness strikes a chord right away in the heart of an illiterate.

Though the ill - informed seek the profound, unfortunately, they are not prepared to give up their love for the absurd. Where a drink of water does not convince-that water quenches thirst - a thesis on it can never explain. If you know this, you will know that.

Often, the self-imposed targets are either forcibly forgotten or conveniently amended. The challenge the life throws up, bring out the best in Man. Only the Master can arrange them - of course without proclaiming it. Sometimes, he might even choose to be the challenge itself. Without uttering a word, He will take the blame. This is compassion.

The Master does not explain because He is THE EXPERIENCE.

MOTHER

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Divine Mother is eternity. She is susceptible to pure love. She does not have a form. Rather, She takes form for the benefit of children who are beloved to Her. She is perfection in femininity. Divinity radiates from Her frame.

She is too bright to behold. Not even a million suns can match Her half-glance.

GOD

He who dwells within expresses Himself as warmth. God is personal. Therefore, there cannot be a personal God outside. God is too personal to be defined, not to speak of being "sculptured". If one wants, the tree can speak like God. If one wants, the sky can thunder down messages. If one wants, the rain can pour down sweet songs for one to dissolve. However, not only when one wants it is so. Dwell inside, dwell within. Learn that there is nothing apart from oneself. There is no difference between the innermost chamber and the one who dwells in it.

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PRAYER

Oneness can be realized by wishing together. You knock and you shall hear yourself.
If willingness is the thought, then, work is action and Prayer is the passion that sustains it.
The lamp is a lamp wherever it is. Seek - Whoever you might be-and attain Salvation.
Salute the noble ones who bequeathed truth and love for us to take shelter, in this hour of ire and strain.Weeping is not melting. By weeping, one's lack of faith is exposed and in melting, is restored. A bout of melting is as reassuring as the sky after the rains.

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TRUTH

Truth and righteousness are the candles that are lit in Her Sanctorum. Take to Truth as fish takes to water, which cannot otherwise survive. Truth contains the elements and is contained in them. The arrow takes time to hit the mark. Is it helplessness?

Truth prevails
If you are Truthful, you are free.
Time binds; Tamas imprisons;
Truth liberates.
Truth prevails.
There is no peace without Truth.
Adaptability is not changing colors

Divinity is nothing but being Truthful and compassionate. What it takes ages to build can be destroyed instantly by a momentary spark. Unless your willingness is total, the angels cannot stand guard. Hence, be always willing to wean away from evil and to remain wedded to Truth. Your relationship to the Truth is akin to wedlock. In the beginning you are swept away by the colorful ceremony.

Then, you navigate through a course of inter-----dependence, to finally cruise noiselessly in inseparableness. The Truthful work. They are cheerful. They smile sincerely, help willingly and avoid impermanence. They are naturally courageous, can never be bargained for. They treat everyone alike but deal differentially. They do always love, never sulk and leave Truth behind. Truth never hurts. It is the resistance that pricks. Correct yourself elaborately but without noise. Remain contented in Truth and await. The Lord will surely pick you up.

Mind will take you here and there. Knowledge will take you somewhere. But Truth alone takes you to your abode that you know not. Truth is the way, the vehicle, the companion, the end and the eternity.

Infact, the chosen ones are none else then those who
CHOSE THE PATH OF TRUTH.

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CONDUCT

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“Grieve not” is the message.”

Light a Lamp. Allow the light to engulf you. Then you become the lamp, and then you loose your identity.

Mock not; you are sure to be mocked at.

If you cannot solve the riddle today, do not panic. Time is as precious as it is perennial. It is not arrogance if you care to handle it tomorrow. However, you must be definite of your effort of today. You can utilize the intermission for a review in relaxation.

The greatest warrior is the one who knows how to relax in the midst of a duel. Relaxing is nothing but collecting your endearing self without fuss. You can only see the birds in flight. They fly without a flutter. They who are tense are noisy.

A seeker of truth is expected to behave only normally. If he goes to the market let him bargain properly and not be an impassive spectator. The fun is in playing the Game and knowing it. Oh! you cannot shun water and become a swimmer.

Do not drink; do not entertain evil designs. Speak only the Truth. Do not crave for riches. Respect your kith and kin. Be loving. Anyone who follows these, who ever it is, wherever he is, is a saint.

Be sure of your business and mind that alone.

CONFIDENCE

Confidence is the throb of your soul. A soul has an outer aura, even when it dwells inside. That outer aura is confidence itself. You can doubt even the Sun and Moon, but not YOURSELF.

It is the power of wish that has created the Oceans and a further wish that ordained that they shall not cross the Earth. The surefooted sulketh not.

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COMPASSION

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Compassion is more important than the act itself. One should not throw a morsel of food to the beggar. One should pray that they eat. It is an offering to God.

The evidence of wisdom lies not in the success in debates but in compassion.

Compassion is not ability. It is your being. It is not a quality to acquire. It is there! Discover it and dwell init. Compassion is more important than the act itself.

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MIND

The Mind only plays what is given to it by us. Therefore, in spite of numerous thoughts and struggle with them our mind and we are different.

Mind not the thoughts but mind your mind.

If mind is brittle like glass, it is also firm like a rock. Mind alone has the unique ability to be anything. This ability is unstabilised because you allow it to oscillate and alternate. It can travel faster than light and remain unmoved as only it can. Only when it is understood that the mind is apart from its capabilities can its abilities be harnessed.

There is a source for everything and mind is no exception. Wisdom lies in tracing the source through persistent enquiry and staying there.

The corrupt enslave; the correct free. However, you must not stop with purifying your mind. You must remember to be its master, for; they that are buried are not necessarily dead.

Man is a victim of his mind. Mind contains mysterious intricacies. He commits mistakes when he or rather his mind is not properly trained. Hence, do not judge him. Do not conclude. Even in the lower plane, meanings differ according to perceptions. Do not add connotations to your opinions, It is like estimating a desert by depending upon its shifting dunes. The training is nothing but tuning. It follows that perfection is nothing but fine-tuning. There is a perspective beyond all perceptions, Yet, for a willing aspirant, it is perceivable. There, judgment is a sacrilege, estimate is a misnomer and cherished opinions are laughed at.

WORRY

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If only one knows not to bother, He will know that he is with the Father.

Worry is the only discordant note in the symphony of this life divine.

Worry breeds in generations - faster than the bacteria. You cannot arrest an invading army!

Maim not the Mind the Maiden, by worrying.

Those who worry have not surrendered.

The rivers never brood because they are always on the move.

Worry indicates lack of faith.

If you are free from worry, you are an angel.

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LETHARGY

If you are lazy, You cannot but be weak.

Snails overtake the grumblers.

Only those who work can be motivators. No mountain of gold can ever move the lazy.

Incentive is to graduate the sloggers. Heaven's bells cannot wake up the lazy from slumber.

If you have, a place to stand you can move the world with a lever. However, the lazy will remain unmoved. You can deal with the devil more easily than with the lazy, for they are angels corrupt.

Nectar and poison always run neck to neck.

You can hide the fools but never defend the lazy.

It is better to sleep than to yawn.

If the joyous ache of stretching the muscles is thought of as agony, then, being alive is a sin.

The height of self-humiliation is being lazy.

Angels might bless the fools alright, but they certainly shun the lazy.

Lethargy is like a viper. It stirs not easily. When provoked, it kills instantly.

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DESPONDENCY

Despondency is the dirt and dust that covers the face of the mirror. It can be removed by retaining the urge to reflect.

To be in (the circle, path) or out is entirely in one's hands. If one is in, then, one can thank the Lord and congratulate oneself. However, if one is not, one has no one on earth to blame than one's own despondent self.

One does not have to do some thing special to bother the neighbor. If one is bothered, the neighbor is also bothered. Heaven showers upon us noble thoughts, heavenly dreams. However, one drop of sour tear would damage, restrict, constrict, defy and spoil the shower.

Pitiable is the state of self-pity. He who does not see good in himself will refuse to see the good in others. Babies of the world, Beware The poisoned milk is at large I

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FAITH

If at all there is something, which is outside the realm of Possibility of God, it is making one believe. It is also impossible for God to snatch belief from anyone.

Blessed are those who believe, for, in belief the spontaneity of soul is manifest in the utmost manner possible. No element of force, internal or external is involved in belief. You may believe in a thing or in some one or in some existence, What makes you believe is faith.

If only belief could be explained, the world would not be in this wretched state There will not be a need for someone to bear the cross endlessly. Comfort is not a sign of maturity. It is the fulcrum of faith,

Ignorance can be put up with. Arrogance can be tackled by admonishing. However, what can Gods do, if one does not believe?

Even the mountains were built, but not the sky-Faith is Faith.

In short, believing is understanding

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WILL

When you lose your way in a forest, will you set it on fire?

If you have gone in, you can come out. The way is in the will.

Remain still to know the will.

WORD

If you know what a word is, then, you can be outspoken. The cook knows the fire and the fire the cook.

You can save only one thing - your own breath. Speak not when you know not.

The word is greater than this world. Do not fish for another word to unfold the first word. You cannot unlock a lock with another lock. If you learn to wait, the word itself will come and unfold. Seeking the meaning is different from scratching for an explanation.

The astute's word wins because he knows when to keep quiet. Speech should be like food - moderate, timely and of course in good company.

Evil dwells not in the heart or in the brain or even in the eyes; it verily dwells in the slip of the tongue that is the domain of the evil. A cranky thought can be adjusted, can even be converted into a noble thought; but the slip of the tongue is irreparable. So watch your words or you lose whatever you had attained. Be of good cheer always; speak only the sweetest of words, for they become the beams in the kingdom of God. When a group of aspirants assemble and speak the glory of God, the twinkling stars shine better.

WORK

Preparedness is alertness. What is preparedness? What is alertness? Zeal to work; to work without ado, without bragging, without strain.

The task is, striving for perfection for which sublimation is the pre requisite.

What scriptures cannot explain, work will.
Blessed are those who work hard.
Destiny bends before them in reverence.
Blessed are those who work without pride.
Devil truly avoids them.
Blessed are those who work with a smile.
God prefers to dwell in them.
Those who are duty-bound are unbound by karma.
They who are bound to work are born to lead.
You must coax your self out of lethargy. If this does not work, try the whiplash.
There is no such thing as small work.
Faithful workers are preferred to philanthropic kings.
This is the secret - the source of energy is work.
Work is primarily mental
What is noticeable about cheerful workers is that they are always available for counsel.

KARMA

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Unless one discharges one's responsibilities that one owes to each member of the family, one would not have completed the Karmic cycle. Running away from this means nothing but acquiring more Karma.

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. BAKTHI

Bakthi is not an accessory. Bakthi is God. One cannot reach God through Bakthi, because it itself is God. Bakthi and God are not separate. It is the pundits and deluded fools who claim so. It is not the baktha alone who rejoices in bakthi. God verily rejoices in it. One cannot attain anything through Bakthi because it is everything.

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PEACE

Peace is doubtlessness. It is neither comfort nor maturity. It is neither calmness nor tranquility. It is one's nature less nature that which is above knowledge, but that into which all this comes and falls like a river. To appease those who are agitated for a while, is to demonstrate the real nature less nature; but even that is one small step below peace. For, in peace, there is no demonstration. Appeasement is the capacity to induce Samadhi in others. One can give Samadhi to others but not peace.

To peace through prudence.

Peace is not an achievement; it is an attainment through refinement.

A million suns cannot dispel the darkness that resides in the heart of every flame.

Knowledge is transcended so that peace shall descend.

Lift up the knowledge that lifts you up, so that the last leap is easy.

Knowledge is vibrant because it is the visage of peace.

Kind heart is willingly enveloped by peace.

Do not confuse peace with the misleading quietness of arrogance.

You are born free; but you can remain free only if you know peace.

It is certain that you will not find peace if you look for it elsewhere than in you.

Indifference, remaining unconcerned and rigidity are such guileful devils that they are mistaken for peace.

Peace is not a mere possibility; hence it cannot be contrived. Peace is not an arrangement; hence it cannot be contracted out.

Even a child can tell you whether you are peaceful or not.

Peace is not the fatigue between two spasms of violence. It is easier to know peace than to acquire knowledge.

How peculiar! Every devil gets into you right under your nose but peace waits at your doors for your willing nod, which you do not condescend to grant.

The faithful are peaceful.

It may be difficult, still, unless you cast aside your passion for this holiest and that beautiful, you will find NEITHER and peace never.

The best prayer seeks peace alone.

Contentment and the like are the inns on the way to peace.

It is a highway all right, but it is never straight.

It is because peace is always there that it is lost and found once too often. You cannot witness if you run along.

Peace is like a pen—friend who is always sought, but never recognized, if met unannounced.

THE WORDS comfort since they originate from peace.

Think suitably; act accordingly; and remain Peaceful. Peace be with you, it you please

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MEDITATION

Be it turning the pages of a book or turning the course of history one must show the same involvement, caution and felicity. If one does not cook properly, know for sure that he has not meditated properly.

Meditation is not a part time fantasy. It is not confined to the four walls, closed eyes and docility of breathing. Meditation is being aware within, without, and throughout. The ease and felicity that fetch more rewards from heaven.

Only through a systematic process of separation can inseparableness be understood.

There are thoughts, which are neither good nor bad. One must not allow one's vision to be clouded by evil thoughts and vain thoughts.

One should be moderate in speech, in diet, in sleep, last but not the least, in thoughts. God - intoxication is distinct. A medicine may also make one a bit drowsy; but it clears what should be cleared. It ejects the toxins out of the system. God - intoxication is like that.

Meditation is recitation. Recitation is regularity of breathing through the sacred path. When the breathing is perfect, the soul starts living without inhalation and exhalation.

Initiation ensures Liberation but only effort enables.

A Master is none else than one who knows the secret of breath.

Everything is conquered by conquering the breath. It may he difficult to believe this but this is the Truth. In mountaineering, there is a difference between climbing and coming back to the camp. Reserve your stories. The world will benefit by them only if you come down to relate after reaching the summit.

The start is momentous and memorable. Taken away by its jubilant mood, the human mind forgets that it is only a start, after all. A start will attain the status of a start only through active follow up. This is the test faced by every aspirant. He is advised against relating stories too soon because he is yet to know the difference between a campfire and a forest fire.

There is no short - cut to success. Practice cannot be circumvented. Efforts cannot be dispensed with. No one gets too much too soon. It seems otherwise, due to lack of knowledge of previous births. It is to be known that life is one continuous experience and regulated breathing is its most coherent expression. It is regulated breathing that stills the mind and unites it with the soul.

Vital breath is the most sacred. By God's compassion, it is common to all. That which breathes alone can live.

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EXPERIENCE

Experience that has been given in accordance with the will of God would suit the soul, would stir it out of its slumber and would goad when it refuses to budge. More important is what happens after the experience. In reality, there is no aftermath for an experience. That which persists alone can be an experience. Birth persists; body lives; heart throbs; pulse echoes that is persistence. That alone is experience. An experience cannot be made use of for escaping from your follies. What is given is different from what you are at the time it is given. The moment it is given, it should become an inseparable part of your system. That is how an experience should be experienced. It is the mental blocks that refuse to accommodate.

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BLISS

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The essence of life is Eternal Bliss. Discard anything and everything that is not conducive to that Bliss. One cannot achieve bliss through anything One can achieve bliss only by discarding everything. So discard, undress, disrobe, and stand naked.

The pain involved in bringing out a product, which is so use ful to everyone, is equivalent to bliss. Carrying a load is absolutely different from bearing the burden. Bearing the burden is akin to being in the flames. Burden borne for the good of others is bliss.

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SAMADHI

Never shrink! Manifest! That is Samadhi! Have a reply for every question; have a remedy for every problem. Samadhi is knowing that in the beginning everything was the same. Sama - adhi is samadhi. In the beginning, everything was the same. Let us bring amidst us the beginning. That is Samadhi. One who always thinks of this is a Satpurusha.

SUFI

Sufi is one who seeks the Truth. Who abides in his own realm; who hurts not; who is never hurt; who soothes; who elevates others by his mere presence; who has come to realize and preach that everyone is the same.

God and the Sufi are the fire and its heat; the water and its coolness; the fruit and its sweetness; these are inseparable.

SONG

A song is the best expression of a prayer. A fervent prayer turns out to be a virulent fever, if it does not explode into a song. Songs are so
ught through prayer.

And prayer is also sought through prayer. The former is prompted by the longing of the soul and the latter by the subtlety of its freedom Only in singing tears are beautiful to behold. The sinners cannot circumvent retribution through a crash course in penance. They can as well face it, if they learn to sing. You can choose singing but it is only the song that chooses you.

If singing is considered a pass time, their stay in heaven will only be part time. As the child breathes only to live, sing only to purify your heart.

Song is like honey that enhances the status and ensures eternity.
Tantra and Mantra can never match the simplicity and direction of a song.
In song, solace.
Soul is the sea; song is the swell.
You are neither a king nor a gnani if you do not sing.
Let the mind watch the song that is gushing forth - that is humility.
Let the intellect fall back in wonder when the song erupts, that is maturity.
Let every thing wait when the song meanders its way out of the womb of the soul - that is meditation.
Let your silence be the only piece of cloth on the naked rush of the song.
There you transcend your limitations.
The seers sang whatever they perceived so that they could comprehend whatever they received and remain undeceived.
Song clarifies where the scriptures confuse.
Only those who only do whatever only they should do can sing whatever will be will be.
If you know how to sing, then, Heaven is surely yours.
When the philosopher says that God is beyond emotions, the singer gives a mischievous smile.
If flowers had voices, they would only sing.

ADEPTS

One must bear oneself. If only each person learns to bear himself on his own, alone, the world would become the most beautiful piece to live in. Bearing is being independent, free from good and evil and not leaning towards anything. Only then, one can stand firmly like a cross. Since people refuse to bear, someone has to come down and bear it for them. Suffering is demonstration.

If one acts continuously, there is no need to think. That is how souls become great souls that is how men become Maharishis. They stop not to think but act ceaselessly in the manner ordained by God. Smooth, silken, serene - without much ado. Action comes from inside.

Those who wonder about an aspirant becoming an adept overnight fail to notice that he did it all in one night.

Be it any place or religion a man who has come to a perfect agreement has no confusion. He has only love to offer. He has only a smile to sport. He willingly bears the burden of the others. He loves his self, not himself. Hence, he is able to love everyone as his own self.

Coconut cannot be squeezed. The mango cannot be broken. The wise alter their methods.

The peasant is patient in summer, prudent during the rain and sows just after. The wise know when to press, when not to present and when to withdraw a demand.

To be a seer, you should be able to see with your eyes closed.

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DISCIPLINE

Spiritual discipline is easy in the beginning, difficult midway and natural later on.

The stone has to lose a lot of itself if a statue should come out of it. You may try - You can never learn anything overnight.

Patience brings in discipline more than severe austerities. The most disciplined seeketh not.

Mere regularity is not discipline. If it is so, all the cranes should be masters.

Passion destroys discipline as a spark devours a mansion.

The disciplined know the Truth. That is why they sacrifice their lives willingly. The disciplined are never defeated.

You cannot be united if you are not disciplined.
There is nothing exclusive about being disciplined; it is a common factor like life breath.

Do not swear; do not curse; do not decry others.

The inefficient are basically indisciplined. It is the indiscipline that makes you blind in broad daylight.

The disciplined are resourceful. You are respected not for your deeds but for the discipline, that makes them possible. Discipline alone can defy all odds. Know that the disciplined have time for everything.

The passengers are dependent on the discipline of the driver like the disciples on the Master - willingly or not.

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DISCIPLE

The word disciple owes its origin to discipline. The heart of a child, wisdom of a saint and the thrust of a warrior. This is the Trident which will win - the stem of which is the humility of a willing worker. Butterflies are not born; their beauty is the culmination of evolution, cultivated by effort. The disciple's sincere effort is the token of gratitude towards his Master. The Alphabets continue until you say a goodbye to learning. In the life of an aspirant, being practical is the alphabet.

DOUBT

Doubt not what is already known. By doubting, knowing further is obstructed. People do not doubt what comes to them; they doubt what is in them. Hence the confusion and the delusion. Doubt is a bee in the bonnet. It will not leave you for you will not leave it.

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SLEEP

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If one consciously endeavors when one is awake, it is stretched even in one's sleep. One's dreams are the choicest indications of one's endeavor. One need not manipulate one's dreams if one consciously endeavors; the same nobility is brought forth again in the dreams. And there comes a stage, when one would be endeavoring in the dreams also as consciously as in the wakeful state. It is then that one takes the last leap towards sleep. It is only then that one can really claim of having entered the beautiful realm of sleepless steep. Often, fatigue is only due to excess sleep.

It is only those who strive enter the wonderful realm of sleepless sleep, by chance. A few fine adjustments earn them the knack of converting the chance into choice. Finally, this knack is thankfully discarded and they become THAT.

You may sleep like a log but you must wake up like a flower.

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DEATH

One who does not transcend the fear of death will never transcend death. The fear of death ensures rebirth. If you do not know death when you are alive, you cannot know it when you die. Deathlessness is not physical; endless existence is not eternity. Death is preferable to sin. No one can defy death; but anyone can befriend it. The world would die but the word will live on. Eternal life is living truthfully. Fear of injury is not fear of death. Involuntary apprehension should not be mistaken for inborn fear. Feeling of eternity is inborn. Persistent insecurity is involuntary.

The more you are vulnerable, the nearer you are to death. Death is inevitable, but passing away is a matter of choice.

If you do not know what and how, you will never know when. The rules are subtle in a choice. The absence of one implies the presence of another. You cannot skip death, for; it is not much different from life. You might regret life for what you might know in death. That is what it is being too late. What you might perceive in death, you cannot practice. What is not practiced will not yield during necessity. Hence, know everything here and now.

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REPENTANCE

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Repentance is not an event to be witnessed. It is not a past time indulgence; it is the holiest ablution. It alone can wash the dirt off our souls and render us holy. Regret expressed is as good as repentance. Habitual regret is nothing but self - deceit. Self-pity is not regret. Regret helps you to improve. Self-pity retards growth.

SURRENDER

God is not a party to any agreement, nor is He a fatly paid caretaker. Therefore, there cannot be ifs and buts in surrender.

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POISE

Whatever be the Provocation do not lose your balance. Poise is not built; you arrive there after toiling for ages. Noise - within and without - disturbs poise. Poise is neither the mental fatigue nor stupefaction, It is also not the numbness of the senses caused by exasperation, It is your centre which is not different from the heart of the universe.

While on the way up, entertain no notions. Clarity precedes poise.

A scholar may fret and fume and a shepherd may be cool and calm. The former might explain the Truth but it is the latter who experiences it. No one is too great to have lost the necessity of listening about the good of others. There is a humility about listening, which sets apart the hot - headed ones. Poise is not nodding in approval or granting an appreciative smile. Above empathy, it is the completion of the feeling of oneness.

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REALISATION

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So long as one has not realized, God and Devil dwell in him. When he has realized that he is neither the figure nor the shadow but the Sun, then he has REALISED. One is already realized but one refuses to believe so because of the accumulation of tendencies

PROPHETS

There is only one Prophet, if there is only one God. Know that man's life is a continuous existence through various births. The message of the Prophets has been consistently similar. Be a Messiah; become one!

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YAGNA

Rishis always work towards a common cause, freedom. That is yagna. Yagna should liberate, it should not even unite. A thought can unite, but only a Yagna can liberate.

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CONSISTENCY

Fitness is unshakable consistency. It is not inconsistency that there are variations in a river. Consistency is the lively zeal for the goal.

The success of work depends on consistency.

If Confidence and Consistency are parents then their child should be christened as Perfection. Consistency is continuous perseverance.

That which is received is forgotten if it is not recorded. Lapse of memory is due to lack of concentration, which is caused by inconsistency. Leave no trace but linger forever like the sweetness in honey and the salt of the sea,

CONVICTION

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Being fully convinced is invincibility. Mistrust creeps in when you recommend what you do not do.

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AWARD & REWARD

Award is encouragement. Reward is recognition.

Award should stimulate. Reward should refine.

Effort is awarded with consistency. Consistency is rewarded with transcending ability.
If award is the better height, reward is the better view.
The persevering aspirant is dumb - struck by the reward, since it is cumulative.

FEAR

Fear not.

Fear is the tremor in the otherwise peaceful land of faith.

They die out of fear and they also kill out of fear. Shun evil stoutly and do not run away in fear, Fear plots. You can stop fear but if you let it in, you cannot avoid its band of friends' suspicion, vengeance, imprudence etc.

Fear is afraid of patience. Being afraid seems to be natural; but if you are under a master and still, entertain fear, it is a sin.
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That which is not real but owes its impermanent existence to reality strikes fear in human hearts. Yes, shadows are fearsome.

Sometimes, it is difficult to distinguish between fear and curiosity.

Fear is caused by insecurity born out of uncertainty. Truth destroys fear. To be truthful is not only the wisest and the easiest but, also the most natural.

Fear avoids a calm mind.

Fortune, fame, scholarship, and prowess - nothing can stand before Truth. If so where is the room for fear?

Fear is the pest. Cheer is the spray.

Whatever is not approved by the truth is encouraged to rot and coaxed to destruction by fear.

It is fear that strikes terror and not courage, which is cool.

“Fear of god” is the most loathsome of all expressions. It is they who pay little heed to their conscience that fear God. God is beyond everything but falls in and for love. Moreover, love has nothing to do with fear. What has the flute to do with the hammer?

COURAGE

Courage by itself is victory. There is no. battle without scars. Life never ends.

Courage is either manifest or absent. It. is never dormant. The unmindful do not notice... angels should plead with them to see what lies in their own backyard. Courage is a matter of confidence. It is the umbilical cord that connects you to the master and makes you live. If it is not cut immediately after you come out, the consequence will be disastrous. It is not severing a link; it is autonomy after awareness. This is self-confidence. Courage is nothing but conviction about Truth.

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SMILE

Thousand frowns can never match a knowing smile. It is strange that you find it difficult to understand that it is easier to smile than to brood.

MIRACLE

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Behind every miracle, there is a lot of hard work.
The Lord did not give an eye on the back because He wanted man to walk forward,

As the midgets cannot grow, miracles cannot convince,

AIR

In declaring that food, clothing and shelter are the necessities, man is unpardonably presumptuous about the supply of air. The scarcity of food is contrived. It is as abundant as air. May be, it is not everywhere as air. In spite of its abundance, the dead cannot be brought back to life through a copious supply of air. Hence, air is the foremost necessity. If its nature is mastered in a civilized manner, that alone will suffice. The same cannot be said of anything else.

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SPACE

Take today as the last day; you will comprehend time. Treat your breath as everyone else's; you will fill the space. Water acquires the colour of the vessel. Air cannot but carry the smell. Earth is not the same everywhere. There are different stages in a fire. But the sky alone remains blemish less. It acquires not colors; carries not smells. It is the same everywhere and it never destroys. However, it is the seemingly none, being sky that holds everything. Be like the sky. That alone is blemish less wisdom.
Be like the Sky that remains untouched.

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TIME

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Time is life; wasting time is sin.

In meditation, you are wonder - struck by the dimensions of time. In realization, you transcend them where you learn to respect its benign beauty. Towards liberation, you are stilled by its seeming absence. It is then you remember that you are its very author. Timelessness is the heart of time. It is an orb without a throb.
At no time should you say “sometime later”. The possessed cannot command the ghost. Do not escape; transcend.

Time is lured by penance and moved by patience, it is chess with time when you wait.

The timid are lost in time as tiny blades of dry grass in a flame.

Like a ‘Sentence - jumble’ in a ‘Word - jungle,’ weaklings struggle for time.

Time never changes. The situations vary. The white screen remains still. The scenes rush forth on it. Therefore, the backdrop is unchangeable eternity. Come there, it is not that far.
That it can be perceived only through a reversal of scenes is just because, it is peculiarly across. It is worth it.

SELF

The hallmark of wisdom is to abide in yourself wherever you are, whatever you are and however the situation be.

LOVE

There is not a bigger place than one’s heart. it can accommodate anything, but a loving heart cannot accommodate hatred or evil. There is no room for even a speck of dust in such a place. The loving cannot but be loved. For winning the Heaven while on Earth, the holy combination of love and knowledge is recommended. The source of power is love. It is the power, which soothes the souls.

BEAUTY

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So long as it is considered as of opinion, beauty will remain debatable.
Eternity is beautiful. What is permanent acquires a poise that is poised on the impermanent, despite the withering of the encasement. One is perennial while the other is successive. There need not be an immediacy in Succession. Be it life or a word, if expressed twice that is being successive.

The curious thing about the cuckoo bird is that it looks beautiful because of its voice. The converse of this is not true in the case of a peacock. Beauty is internal, it comes from within. Beauty spreads.

One who is carried away by outward appearances is haunted by a fever. An aching soul sits beside an exalted one and is embalmed by loving warmth. Once remedied, it can pass on the same fulfilling feeling to the fellow weary ones. This alone is beauty. Be grateful that the power of this beauty always works to comfort, clarify and improve.

Those who love are beautiful. The world can be beautified only through compassion. It is the inner beauty of the master that melts the beast and moulds it into a benign angel.
The master is the most beautiful one. For, he is sinless. He is beyond mind. He willingly dwells in loving hearts. He responds to love alone. Hence, love is the beauty to the unseen soul.

The soul may not be directly perceived but its beauty can be immensely felt. We know that the light is not different from the lamp. This is the source and culmination of prana. Hence, “ANBE SIVAM”.

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……from the casket

Reflect holiness. Radiate divinity. That is how you would reciprocate the manifestations of god.

If one is hurt by other’s ignorance, then, the one shall also be branded ignorant. One should be merciful, tolerant and pray for the ignorant.

Agility is the direct result of being alert.

One has to hate evil to come out of it. There are souls, which are sunk knee - deep or even neck - deep in evil. Unless they hate their domain, they cannot come out of it. If a man learns to love filth, will he ever cleanse himself?

One will not understand what is ordained by God, unless one comes to perfect settlement with one's own self.

Flowers melt, and you call it honey; that is how one should melt. The flower acquires its fragrance because it melts. The flower does not get hurt. But the rock does.

The bee dies while it serves; it does not seek a comfortable place to say its last prayers and close its eyes and go. What is bliss for the bee is service and work.

That which is repeated is not a Mantra. That which repeats on its own is a Mantra. Without utterance, without effort, a thing is being repeated in everyone; in every living being. It is a throb, which is the whole and represents the whole; in sleep, one chooses the wholesome nature. When one is awake and consciously endeavors, one becomes one's own representative. That is mantra for him. When one's prana is activated, without strain if one performs, that is the Mantra. Only then, the mind becomes a Temple.

Rishis and siddhas do not bless the Angels. The angels are blessed only by the innocence of the children. This is the secret of their eternal smile.

It is the dance, which vibrates. One may stand but one may still be dancing. That is vibration. It's voice is music. It's act is art.

Confusion cannot be planted nor can it be plotted. Only if one allows one - self to be confused, one will be so.

Whatever happens is only according to the merciful will of God. There is not even a tinge of cruelty in it.

He who is hemmed in on all sides by pressure is blessed; it is so, since the necessity to discover his nature less nature is manifold and immediate.

Negativism is the trait of evil as kindness and love are the traits of goodness.
Convert your dreams into realities through ceaseless endeavors.

It is not, from here far
Hasten and come to me
The doors are open wide ajar,
Step in so that you shall BE

By retaining the essence, you can recall everything. For essence is timeless. if time is Earth essence is Sky...

He, who conscientiously performs, is always comfortable.
The humble are served by the Lord.
Come forth! we shall meet mid—way.
Silence is Bliss.
Heaven is a door-less wonder.

Arise like a cloud and alight like rain.

Be a fisherman, be a poet
Do not count the fish
Throw a net or stand and watch
Do not join the rush.
Take a jump and swim across
The shore will not be cross
A cloth or two, a part of you,
That you mind will mind you.
Those who fumble grumble.

Guests respond to invitation; poems to heartful minds; wives to intimacy and clouds to the thirst of the land.

As a call is not a response, learn to respond duly.

Response is not excitement, nor ecstasy, not even thanks giving.

Receive fully so that you will reflect. For, perfect reflection is proper response.

Today's message is the essence of yesterday's experience and the impetus for tomorrow's endeavors.

The only test is to give out your best, at every test.

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Fatigue tests the faithful.

In fact, the “mystique” is nothing but stark reality. Hence, it is hardly noticed and abundantly misconstrued.

The complexities do not baffle the simpleton for, through his window, he sizes up the strangers and the sky with equal ease.

Medium ship is no faculty. It is an ability acquired through births; it is seemingly inborn because it is an extension of the primary tendency.

Detachment is shaking hands with your reflection.
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Between today and eternity, tomorrow is but a misnomer, not to speak of the non - existent day after. Resolve is not only continuous; it is ceaseless and insistent like prana.

That which is limitless, limits not.

The longer you long, the shorter the journey becomes.

If you want to transcend your limitations, accept your inabilities.

When the caparisoned elephant takes a festive stroll, there is celebration. When it runs amuck, there is chaos. it is the same elephant, the same people; even the route is the same. The course alters the impact dramatically.

Blessed are those who are born, for deathlessness belongs to them.

What is wondrous about the end is, there, you will be welcomed by the beginning.

Which is the beginning and which is the end of the bridge?

There are two sides to a stage as to the coin. One is where the people move and the other is what moves the people.

Weakness is the self-made toxin for self-destruction.

Yes, self cannot be destroyed; but what cannot be found can never be recovered.

The light is not different from the flame.
The great pay attention to small things.
Wishes have wings. Hence, wish well.
It is easy to lose your temper; if you really care, you will
know it is easier to keep your cool.

True, today's efforts cannot alter yesterday's misdeeds but they can certainly ensure tomorrow's great ones.

Yesterday is lost but tomorrow is maneuverable if the nebulous today is handled prudently.

Accident is an incident of miscalculation.

The rain will stop and the sun will return. It will scorch the earth and the rain will return. This is a precious circle.

Unavoidable births, wistful living and inevitable death - this is a vicious circle.

Though what lives dies, it is not life, which causes death. Nor does death necessitate life. When this is accepted, the cycle can be broken.

The ability to repeat denotes success. Get into this sentence and you will know.
Do not acquire but inquire.

The pathway to heaven is not a bed of roses whereas the road to hell is! One not only gets what one seeks but also that which is beyond that - whether that is sought or not.

It takes ages for workhorses to establish an order but only a moment for the upstarts to question.

Message irks because it does not give - in to the guile of convenience.

If work is the body, and sense of direction is the brain, cheer is the heart.

Come what may, let us win. If that be the attitude, what else will come but victory?

The irony is you end up where you began and yet there has been a wonderful journey.

What if you do not reach the top? Defeat lies only in giving up willingness.

Where knowledge fails, prudence saves.

The lion is amusing so long as it is behind the bars. People are friendly so long as you do not point out their mistakes.

You can even hire brains but you can never borrow them.

What the gold in your chest does not teach you, the absence of a flower in your garden will.

The top of the hill is far away; but standing there, one can see everything clearly. And a sense of contentment fills up.

Blessed are those who spread the message for they carry and give themselves - like the Ganga.

Whatever you have listened to, intently, will linger in the depths of your soul.

t is not the volume that satiates but the quality.

It is easy to disperse, difficult to assemble. The meek are certainly cunning and hence will choose the former course.

If you forget, you will regret.

The Trimurthis are like swaras. That which is the end could well be the beginning.

Neither blow your trumpet nor play second fiddle.

Today is of utmost importance since it contains the living fiber of everyday.

If you want to be presentable in Heaven, be thorough with your rhymes. Yes, in the abode of the Angels, scholars cannot communicate nor the pomp of the rich could impress. Only the child is welcome any where. You learn so much, work so hard - only to know your facile angelic nature which has nothing to do with learning.

Fools expose themselves by raising their voices and shouting others down.

The denials notwithstanding, man basically wants to hear about himself only. He is not that keen in listening to the good of the others. Nor is he comfortable when his flaws are pointed out. Thus, he rots like a frog in a stagnant pool and croaks raucously thereby inviting his doom.

The Rishis still listen to the Vedas and enjoy reciting them. The master listens to the disciple, not to judge him but to enhance his humility. Thus was the noble tradition established.

If you stand corrected, you will see better. Preparedness to betterment gives the patience that is the pre-requisite for clear understanding.

Crack jokes; sing aloud; wink mischievously; make merry. Cheer alone drives away the evil of guile. Be always cheerful. Know that those who are cheerful are welcome anywhere for they welcome everyone. The power of cheer is such that a drop of tear from the eye of a cheerful person would arrest the entire world.

No one becomes great just by being born earlier. The mountains are respected not because they are old but because they have been lofty and fresh successfully until now.

Age should be respected but should never be worshipped. Similarly, Wisdom can only be revered. Nothing should stand in the way of learning effectively and being yourself.

The wise, if they are young, are not recognized by the people. This is not only ignorance. This is refusal to accept reality and it is arrogance as well.

It you cannot stand, how will you run and learn before you teach?

The Moon can only reflect. It cannot emit like the sun. Nevertheless, how well it guides us at night! It is an epitome of the “fullest expression within limitations”.

If you are empty, you can only be filled up. If only you have realized that you do not know, you need not beg anybody for knowledge.

The moon plays hide and seek with the clouds. But there is not a flutter among the lilies. They need the Moon all right. Nevertheless, they also know the power of love very much.

‘I will not err’ is admirable but ‘I need not err’ is preferable. Of course, the pot leaves the stove only after the milk gushes out.

Craving has numerous tentacles. Seeking is the spear that hits the mark only by leaving the arm.

It is easy to memorize, if you know to summarize.

If it is a highway, a vehicle is a must - speedier the better. In a highway, no one will be too willing to give you a lift. Hence, own your transport.

If you walk tall you are sure to fall.

How long can you afford to vegetate? How long would you cherish filth? How long would you revel in the mundane? Take a step right now lest many a step trample you.

There is nothing more open than waterfalls but very few cares to enter it. Those who resent its cleansing force will remain unclean.

Those who complain that God is selective fail to notice the inevitable naturality of it. For the wind will not but separate the grains from the chaff.

Some think that they know because they have read much; some because they have heard much; some because they talk much; and some because they think much. However, there are few who realize that they have nothing much and God is the precious little thought that is too much—whether to bear or to lose.

Anything can happen. But you must know what is happening. Otherwise, you will not have the answers for the whys and hows.

The respectful enjoy a special respect from the respectable.

The scorching desert, forest fires, the infernos - what are they but a flicker before the fire that rages in the soul?

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